

CONVALESCENT PLASMA DONATION

The Convalescent Plasma Donation Program at Mississippi Valley Regional Blood Center (MVRBC) enables those who have tested positive for Covid-19 and have recovered from their symptoms to donate their blood or plasma to help those who are currently ill with the virus.

TO BEGIN, VISIT WWW.BLOODCENTER.ORG/CP AND THEN SELECT REFERRAL PROCESS.

SELF-REFERRAL

- The **individual** completes and submits the referral form.
- The individual will need to attach a copy of their test results when indicated.
- Once reviewed, our nurses will send your contact information to our scheduling department to set donation time/date.

PHYSICIAN REFERRAL

- A **health care provider or representative** completes and submits the referral form
- An MVRBC nurse will call you to verify the information provided on the form
- Once confirmed, our nurses will send your contact information to our scheduling department to set donation time/date

WHAT TO EXPECT AT YOUR PLASMA DONATION



1. **TWO DAYS BEFORE:** Drink an additional 4 cups of water each day.
2. **TWO HOURS BEFORE:** Eat a hearty meal.
3. **CHECK-IN:** Please wear a mask (or one will be provided) and present your photo ID.
4. **SCREENING:** You will answer questions on a computer and receive a mini-physical by a trained staff member in a private setting to ensure you are able to donate.
5. **DONATION:** You will sit in a reclined chair and a phlebotomist will access a vein in your arm with a needle. Your blood will go into a machine that will separate the plasma and then return the remaining components, along with saline solution, to you. This process takes approximately 40 minutes.
6. **POST-DONATION:** The needle will be removed, and your arm will be bandaged. Then, enjoy a snack and drink in our canteen.

Thank you so much for helping others with your donation!

833-610-1025 • patientservices@mvrbc.org • www.bloodcenter.org

MISSISSIPPI VALLEY REGIONAL BLOOD CENTER

CENTRAL ILLINOIS COMMUNITY BLOOD CENTER • COMMUNITY BLOOD SERVICES OF ILLINOIS