BASIC ELIGIBILITY REQUIREMENTS FOR BLOOD DONATION

110LBS
minimum weight

HEALTHY
on donation day

AGE: 16
w/ parental permission

PHOTO ID

Right Type, Right Time
www.bloodcenter.org/donate
ADDITIONAL ELIGIBILITY REQUIREMENTS FOR
AUTOMATION DONATION

PLATELET

A+ B+ A+ B- AB+
O+ O- AB-

No medicine containing aspirin for 48 hours prior.

PLATELET/PLASMA

O+ B+ AB+ AB-
A+

28 days since last plasma donation.

PLATELET/RED CELL

A+ O+ B-
O- AB-

No medicine containing aspirin for 48 hours prior.

FEMALES

5ft 5in 150lbs
(minimum height & weight)

MALES

130lbs 5ft 1in
(minimum weight & height)

DOUBLE RED CELL

A- O+ B-
O- AB-

PLASMA

A+ AB+ B+
AB-

12.5 - 18.3 Hemoglobin Level

Right Type, Right Time
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