Because more people have O+ blood, hospitals transfuse it more often than other blood types.

**THE MOST COMMON**

39% OF THE POPULATION

Because more people have O+ blood, hospitals transfuse it more often than other blood types.

**PREFERRED DONATION METHODS**

- Double Red Blood Cell
- Whole Blood
- Platelet

**Will you give?**

Types O, A, B and AB positive can receive your red cells, and your platelets* can go to ANYONE!

*Except childbearing aged females of Types O-, A-, B- and AB-

**FOR YOU**

This type can ONLY receive O positive and O negative.

And only O positive and negative types can receive your plasma.

**Right Time. Right Type.**

To schedule, visit www.bloodcenterimpact.org, call (800) 747-5401 or email impact@mvrbc.org.
You're Our Type!

Learn how you can change the world, one pint at a time.
www.bloodcenter.org/change